

Springvalley
Middle School
Respect Excellence Accountability Cooperation Honesty



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January 3rd, 2012

Dear Parents of Grade 9 Boys and Girls

Family Life Education

The grade 9 boys and girls will be receiving a 3-4 hour co-educational presentation from our district Family Life Education teachers soon. The classroom teacher will be present during the three 70 minute lessons. Grade 9 students learn about making informed decisions about sexual activity, short and long term consequences of unsafe sexual behaviors including pregnancy, contraception and skills for avoiding unhealthy relationships. The following Learning Outcomes will be covered:

Students will be able to:

- describe practices that promote healthy sexual decision making
- assess the short and long term consequences of unsafe sexual behavior (unplanned pregnancy, STI's, and negative impact on future goals)
- propose strategies for building healthy interpersonal relationships (effective communication skills, effective expression of emotions, setting and communicating personal boundaries)
- describe skills for avoiding or responding to unhealthy abusive or exploitative relationships (assertiveness, refusal skills, communication skills, assessing help and support)

DVD's will be shown to support the topics of discussion. At the end of the lesson, students will have the opportunity to ask anonymous questions and discuss issues and concepts brought out in the lesson.

If you **DO NOT** wish your child to receive this program, please return the bottom portion of this letter as soon as possible so alternate plans can be made for your child.

Should you have any questions about the Family Life program, please contact your principal and he/she can provide you with an outline of the power point lessons. If you require further information your principal will forward all questions to the Family Life team.

Yours truly,

Mr. T. White
Principal

My child **WILL NOT** be receiving the family life education offered through the school district. Please return this portion to your teacher.

Child's name (please print) _____ Grade _____

Parent's name (please print) _____

Parent signature: _____

SMS School Goals:

1. To increase the number of students meeting or exceeding expectations in Reading and Writing.
2. To improve the number of students meeting or exceeding expectations in Numeracy.
3. To positively affect our school culture.