



Enrichment Options Term 3 - 2023-24

| | Teacher | Topic | # of Students | Space | Description |
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| ES1 | Mr. Piasentin & Mr. Gruenenwald | Archery | 20 | Gym | Are you the next Katniss Everdeen, Robin Hood, William Tell, Princess Merida? Do you want to learn to shoot a bow and arrow? The National Archery in Schools Program (NASP) will give you the opportunity to learn the life-long sport of archery in a safe and controlled environment. No experience or equipment needed. See you there! |
| ES2 | Ms. Guarducci | Gardening | 20 | Port 35 | It is gardening season once again! Come join us out preparing the beds for planting, harvesting early crops, learning about the uses of herbs and berries, as well as trying different teas and foods that come from our school garden. We will be learning about composting and moving perennials, and you will get a chance to take home some of the plants and seeds that we relocate to start or add to your garden. See you there! |
| ES3 | Mr Flood | Outdoor Basketball | 24 | Out-door basketball courts | Are you interested in joining us for some outdoor bball? Meet us at the outdoor courts for some mini games and 2 vs 2, 3vs3, 4vs4 and other pickup games. |
| ES4 | Mr. McLeod | Soccer | 20 | Field with Nets | Do you want to play small-sided soccer (3 v 3, 4 v 4, or 5 v 5)? DO it!  |

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| ES5 | Ms King Ms. A | Geocaching | 20 | Outside school and Mission Creek | Do you like puzzles, the great outdoors and technology? Geocaching may be for you. You will learn to use handheld GPS machines to find geocaches that Ms King has hidden for you around the school and at Mission Creek park. If you don't like to be outside (we will be geocaching in the rain) then do not sign up:) |
| ES6 | Ms Midori | Chess Club | 24 | Rm #14 | I am a beginner chess player and I would love to get better. Whether you are a beginner who wants to learn like I am or an expert player who would love to challenge each other or teach others, let's have fun using our brains for strategies! |
| ES7 | Ms. Buchanan | Rock Painting | 20 | Rm 25 | Join us for Rock painting, a fun and creative enrichment. We will first walk to Mission creek to gather our media, then settle in the classroom for a relaxing paint session. We will use materials such as acrylic paints, markers, and other embellishments. The club aims to foster creativity, relaxation, and an opportunity to get outside. We will share our rocks around the community for all to enjoy. |
| ES8 | Ms. Richardson | Passion Projects | 24 | P39 | Do you have a passion you would like time to explore? Is there a new skill or hobby you would like to try? Knitting, crochet, watercolour, anime sketching, beading, origami... the options are as wide as your imagination. Bring your projects and your passion! |
| ES9 | Ms. Stanley and Ms. McDonald | Gameshow Galore | 24 | library | Dive into the ultimate thrill ride at Game Show Galore! Get ready for heart-pounding trivia, lots of laughs, and the chance to be a game show maestro. After dominating the games, team up to craft your own dream show - will it be a brainy quiz or an uproarious showdown?!? |
| ES10 | Mr. Frankin, Mr. Wardman, Mr. Schmalz | Football | 40 | Back-Field | If you want to have fun playing touch football outside. No experience needed! |

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| ES 11 | Mr. Miller & Ms. Talei (Upstream) | Model UN  | 25 | R19 | Represent a country in an authentic simulation of the United Nations system by learning about the UN system, the skills of debate, compromise, conflict resolution and negotiation. Members of Model UN have fun learning about the workings of world diplomacy through the lens of current events. What is MUN? |
| ES12 | Ms. Kea | All School Beginner band | 24 | Band Room | Are you interested in learning to play a blowing instrument? All beginners and all grades are welcome. |
| ES13 | Mrs. Leone and Mrs. Pouliot | Walking Enrichment | 24 | Rm 12 | Join us to learn about walking and making healthy choices. Did you know walking can reduce stress, cheer you up and enhance your self esteem? Walking is a great way to improve your mood and your overall health. In this enrichment we will enjoy walks through the neighborhood and along the Greenway. We will track our walks and discuss healthy snack options, as well as set goals to encourage healthy choices. |
| ES14 | Mrs. Nygaard | Strategic Games | 24 | Rm 23 | Want the challenge of a lifetime? Join Strategic Games. We will build civilizations, thwart our enemies, save the world, and even win a game or two. Catan, Monopoly and so much more. Board games are a workout for your brain and a great way to hang out with your friends. This class will teach you to think ahead, problem solve, and work together. Plus, it's a great opportunity to play real "mind games" with your friends. Join Strategic Games today - if you dare. |
| ES15 | Mr. Loomer | Minecraft | 24 | Rm 31 | Play, learn, build. Enjoy Minecraft with each other as we tackle build challenges, learn coding, and just have fun! |
| ES16 | Mrs. Overholt | Cartooning and Sticker Making | 24 | Rm 22 | Take mini lessons and do practice exercises to improve your cartooning skills and techniques. Learn to use Mrs. Overholt's professional supplies like alcohol markers, fineliners, white-liners, and wax-based pencil crayons. Make products and gifts out of your art. We will hand-draw, shadow, highlight, line, colour, cut, and vinyl our own stickers. We will also learn how to use those stickers to sticker-bomb objects, create magnets, and design cards. |

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| ES17 | Ms. Rubadeau | Kinder Buddies | 22 | Port 38 | Welcome to Kinder Buddies! If you are in Grade 7 or 8 and you enjoy working with little people, then come on out for Kinder Buddies!! We will be reading, writing, going for walks, and investigating science and math activities. Make a connection with a Spring Valley Elementary Student! |
| ES18 | Mr. Wrbaskic | Photography | 22 | Rm 18 | If you would like to learn some of the guidelines that professional photographers use to take pictures, then take the photography enrichment. |
| ES19 | Ms. Tucker | Free to Be Club | 25 | Rm 7 | Welcome to the club where everyone is Free to Be themselves. We are passionate about diversity, inclusion and representation. We'll plan exciting events and activities to be celebrated throughout the school. Bake sales? Fundraisers? Social Justice? What needs do you see that you want to do something about? Do you need a space to find peace? |
| ES20 | Ms. Petkau | Let's make a Colouring Book! | 20 | Rm 36 | Do you like sending messages to your friends that make them smile? Do you like doodling? Do you like thinking outside the box and making something that someone else would want to colour? No artsy experience necessary - just a kind heart and a mind that is willing to try something new. |
| ES21 | Mr. Selkirk | Ultimate Frisbee | 20 | Rm 10 | Want an action-packed outdoor experience? Join Ultimate Frisbee! It's like football, soccer, and basketball rolled into one – with a frisbee! You'll sprint, catch, and throw with your team, building skills and friendships along the way. No experience needed – just enthusiasm! Join us for an unforgettable adventure on the field! Let's soar together! |
| ES22 | Ms. Grassie & Mr. Walz | Design. Build. Play! | 15 | Rm 32 | Join Ms. Grassie and Mr. Walz in the workshops to design some giant yard games! Life-sized Jenga? You bet! Giant Tic-Tac-Toe? Let's do it! Together, we will build different outside games and then enjoy some fresh air playing, laughing, listening to music and maybe even a snack or two! If you're interested in D.I.Y projects, love playing games and want to have some fun, come and join us for a positive and thrilling experience! |

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| ES23 | Ms. Culham | Rm 26 | 24 | Book Marks & Buddies | Do you like to get lost in a good book? Are you looking for the opportunity to read more? Do you want to connect with friends over books and hot chocolate or tea? If you answer yes to any of these, then join Ms. Culham this term for Bookmarks and Buddies. |
| ES24 | Upstream Queens | Cards Games with the Upstream Queens | 20 | Rm 25 | Get ready to battle against the Queens at some of our favourite card games! Test your luck at Monopoly Deal, Uno, Skip Bo & more. Come ready to improve your critical thinking and strategizing. Play your favourite game each week or try them all! |
| ES25 | YMCA | Baby Sitting | 24 | Rm 20 | <p>The YMCA is offering a babysitting course during the Enrichment block. The YMCA Babysitting Course offers youth a unique opportunity to develop skills such as group management, leadership, and professionalism. Participants in our course learn how to care for kids aged newborn to school-age and it covers everything from internet safety to handling various emergencies.</p> <p>Throughout this course we cover:</p> <ul style="list-style-type: none"> • Baby, toddler, preschooler and school aged care • How to be safe on the internet • How to care for sick or injured children • Outdoor safety • Kitchen safety • How to handle emergencies • How to get a babysitting job • What it means to be a good babysitter <p>There is a \$40/- fee for the course. Please connect with Mrs.Virk or Mr. Gruenenwald if this is something you think would benefit your child, but the cost is prohibitive.</p> <p>jasmeet.virk@sd23.bc.ca</p> <p>thomas.gruenenwald@sd23.bc.ca</p> |

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